

Wayne County Medicare Stipend Retiree Group MAPD PPO Benefits

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Blue Cross Blue Shield of Michigan and Blue Care Network are nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association.

### Agenda

Medicare basics

Getting started

Group plan benefits
Prescription drugs

Health & well-being programs



## Medicare basics

## Medicare basics





#### Part A

- Hospital care
- Skilled nursing facility care
- Hospice
- Home health care

#### Premium

 There is no charge for people who have at least 40 work

credits

#### Part B includes:

- Provider visits
- Mental health care
- Outpatient surgery
- Lab tests
- Durable medical equipment

#### Premium

- You must pay your Part B premium every month
- Your premium depends on your sign-up date and income

### Part D includes:

- Prescription drugs
- Part D is a government-sponsored program that helps cover prescription drug

#### Part C includes:

- Original Medicare covered services
- Original Medicare rights and protections
- May include extra benefits, such as SilverSneakers® and care management services

You must continue to pay your monthly Part B premium

members. SilverSneakers is a registered trademark of Tivity Health, Inc. @ 2023 Tivity Health, Inc. All rights reserved. Tivity Health is an independent company that provides services to Blue Cross Blue Shield of Michigan Medicare Plus Bluesw Group PPO

## Getting started with your PPO plan

# Understanding your enrollment materials

post-enrollment opt-in process Medicare-eligible retirees can expect to receive the following materials as part of the pre- and

### **Pre-enrollment documents**



Benefits-at-a Glance



Opt-in form

## Post-enrollment documents



Welcome letter



**Evidence of Coverage** 



Resource Guide

# Membership confirmation and ID card

Put your red, white and blue Medicare card in a safe place - you only need your Blue Cross member

ID card for medical services and prescription drugs.

**VALUED CUSTOMER Group Number** XYL918888888 Enrollee Name Health Plan (80840) 9101003777 Blue Cross. Blue Shield. XYR88888888 Dental and Vision MA, PPO Medicare PLUS Blue<sup>sM</sup> Group PPO RxBIN 610011
RxPCN CTRXMEDD
RxGrp BCBSMAN 01/2023 Plan H9572\_801 MedicareRx Use of this card is subject to terms of applicable contracts, conditions and user agreements. Medicare limiting charges apply, Michigan health providers bill: BCBSM - P.O. Box 32593 of the Blue Cross and Blue Shield Association Mail pharmacy claims to: Out-of-state providers: file with your local plan Blue Cross Blue Shield of Michigan Members: bcbsm.com/medicare Dallas, TX 75265 Detroit, MI 48232-0593 TTY/TDD: Rx Prior Authorization: Facility Prenotification: VSP - Vision: Provider Inquiries: Providers: bcbsm.com/provider/ma



## When we'll contact you

Welcome call and new ID card

We'll remind you to schedule your annual exam and connect to member programs

Coordination of Benefits survey

Offer preventive care that can help reduce your out-of-pocket and overall health care costs and share benefits for the upcoming year





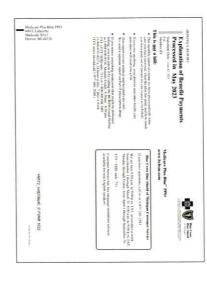




the plan. If you want to verify the call, contact our Customer Service team. Note: A program representative from Blue Cross may call to tell you about additional health programs available in

## Explanation of benefits

#### Medical



Summarizes the total cost of the medical services you received

Shows you what your health care provider billed us, what we paid the provider and your share of the cost

Explains what your deductible and yearly out-of-pocket maximums are and how much you've paid toward them

Sent only if you have medical services filled during a given month

#### Pharmacy



Summarizes the total costs of your prescriptions that you had filled for the previous month and lets you know your benefit coverage stage

Explains what your total drug costs and out-of-pocket costs are and how much has been paid by you and the plan

Sent monthly if you have prescriptions filled

# Wayne County Medicare Stipend Retiree Group PPO plan benefits

### Key terms



#### Deductible

The amount you pay before your plan begins to pay its share



#### Coinsurance

The percentage of the cost of the service that you pay



#### Copayment

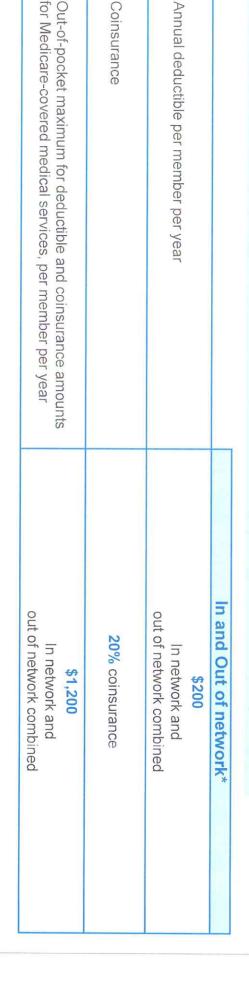
Fixed dollar amount you pay to health care providers each time you use their services, such as an office visit



### Out-of-pocket maximum

The most you must spend for copays, coinsurance and deductibles in any given year

## Overview of plan benefits



Out-of-network/noncontracted providers are under no obligation to treat Medicare Plus Blue members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including out-of-pocket costs that apply to out-of-network services.

## Overview of plan benefits

Deductible, 20% coinsurance apply	Ambulance services, if medically necessary
<b>\$20</b> copay	Urgent care
\$100 copay (copay waived if admitted)	Emergency care
<b>\$20</b> copay	Chiropractic manipulations
<b>\$20</b> copay	Specialist visits; no referral required
<b>\$20</b> copay	Office visits
In and Out of network	

# Durable medical equipment, or DME



#### Medical

You have coverage for durable medical equipment, such as prosthetics, orthotics and supplies

therapeutic shoes or inserts are provided through Northwood. DME, such as canes, walkers, wheelchairs, braces and artificial limbs as well as diabetic

#### Diabetic

lancets are provided through Northwood. Your doctor will write a prescription for you Diabetes monitoring supplies, including insulin pumps, blood glucose monitors, test strips and

Call Northwood Customer Service at 1-800-667-8496. Prior authorization rules may apply.

Northwood Inc. is an independent corporation providing durable medical supplies to Blue Cross Blue Shield of Michigan members

## Prior authorization programs

high-quality care as you and your provider develop a personalized treatment plan. Prior authorization for medical services is one way health plans make sure you receive

your treatment plan. It may be necessary for your provider to have Blue Cross approve certain services in

detailing the rationale and the process to request reconsideration (appeal), if needed. If a request for service isn't approved, you and your provider will both receive a letter

## Finding a provider

# Medicare Advantage PPO providers



You have freedom to choose any provider, specialist or hospital that accepts Medicare.

Referrals aren't required.

In-network and out-of-network member out-of-pocket costs are the same with a passive plan.

#### In network

Identifies a Medicare provider who has a contractual agreement to be a part of the Blue Cross Blue Shield Medicare Advantage PPO Network.

### Out of network

Identifies a Medicare provider who hasn't contracted to be a part of the Blue Cross Blue Shield Medicare Advantage PPO network.

# How to find a participating provider



representative will help you select a provider who accepts your plan. Medicare Plus Blue Group PPO. If your provider doesn't accept Medicare Plus Blue, the During your welcome call, the representative can check to see if your current provider accepts

www.bcbsm.com/medicare and click Find a Doctor Call the Customer Service number on the back of your member ID card (TTY users, call 711) or visit

offered by Blue Cross Ask the billing department of your provider's office if they participate with the Medicare Advantage PPO plan

smartphones using Android. Search for "BCBSM." **Download** the BCBSM mobile app. It's available in the App Store® for iPhones and Google Play™ for

Apple is a trademark of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc., registered in the U.S. and other countries. Google Play is a trademark of

## When you travel

Your benefits travel with you anywhere in the U.S. and its territories.

There are two ways to find a provider:

Use the Find a Doctor button in the app

Call the number on the back of your ID card

However, know that you can submit for reimbursement you will need to initially pay for your emergency or urgent care When traveling outside the U.S., there may be instances where



You're covered for emergency and urgent care worldwide

### Virtual Care

in the U.S. services through your phone, tablet or computer from anywhere We offer safe and secure online medical and behavioral health

a week. are available by appointment from 7 a.m. to 9 p.m. seven days to treat non-emergency illnesses. Behavioral health services to U.S. board-certified medical providers trained in telemedicine Virtual Care offered through Teladoc Health® has 24/7 access



### Ways to access Virtual Care

- Download the Teladoc Health app
- Visit bcbsm.com/virtualcare
- Call 1-800-TELADOC (1-800-835-2362) TTY: 1-855-636-1578

# 24/7 access to plan information



### **BCBSM** mobile app

You can use the app to:

Welcome

The Ocean

- Find a participating primary care provider and preferred pharmacies.
- Track costs, check deductibles and out-of-pocket balances.
- Check claims and explanation of benefits statements.
- View your plan coverage.

View your virtual ID card



Register and log in at www.bcbsm.com/medicare.

## Prescription drugs

# Understanding your pharmacy network



Nearly all Michigan pharmacies are in our network. You have access to more than 64,000 pharmacies nationwide, including more than 23,000 preferred pharmacies.\*

for prescriptions if they are filled at a network pharmacy A network pharmacy has a contract with Blue Cross to provide your prescription drugs. In most cases, we only pay

Preferred: A network pharmacy where you pay lower out-of-pocket costs

Standard: A network pharmacy where you pay standard out-of-pocket costs

## Preferred network chain pharmacies\*

Costco

Kroge

Meijer Rite Aid

Sam's Club

Walgreens

Walmart

## We also offer home delivery of your prescriptions through:

Optum Rx

Toll-free: 1-855-810-0007 / TTY: 1-800-716-3231

\*National Council for Prescription Drug Programs database compared to active participating pharmacies within Optum Network. Optum Rx is an independent company providing home delivery pharmacy services to Blue Cross Blue Shield of Michigan members.

## Your formulary drug tiers





Your **formulary** is a list of drugs covered by your plan.

Out-of-pocket cost is applied based on drug tiers and pharmacy type:

Tier 1 = Preferred generic drugs

Tier 2 = Generic

Tier 3 = Preferred brand drugs

Tier 4 = Nonpreferred drugs

Tier 5 = Specialty drugs

phase. Your copay becomes \$0. plans. This means you continue to pay your plan's copay until you reach the Your plan doesn't have a coverage gap as with other Part D prescription catastrophic phase. You won't pay anything once you reach the catastrophic

that's included in your health plan's formulary, regardless of the drug tier. You won't pay more than \$35 for a one-month supply of an insulin product

## Prescription drugs

Tier 1: Preferred generic drugs Tier 2: Non-preferred generic drugs Tier 3:	\$3	\$8 \$21	Preferred 2x / Standard 1.5  Preferred 2x / Standard 1.5
Non-preferred generic drugs	\$16	\$21	Preferred 2x / Standa
Tier 3: Preferred brand-name drugs	\$45	\$50	Preferred 2x / Standard 1.8
Tier 4: Non-preferred brand-name drugs	\$95	\$100	Preferred 2x / Standard 1.9
Tier 5: Specialty drugs	29.5%	30%	Supplies greater than 31 days not included

## How do I use the drug list?

The drug list shows details about the drugs that are included in your plan. You can locate your drug in the drug list by **medical condition** or **alphabetically** in the index.

- The first column lists the drugs included in the drug list.
- The Drug Tier column displays the **drug's** tier, which determines your copay or out-of-pocket cost.
- The third column displays any additional coverage requirements for the drugs (such as prior authorization or quantity limits).
- The bottom of each page includes a key to help you interpret the content.

Drug Name	Drug	Requirements /Limits	Drug Name
BYDUREON SUBCUTANEOUS SUSPENSION,EXT ENDED REL RECON	ω	PA; QL (12 per 84 days)	GLUMETZA TABLET,ER GAST.RETEP 24 HR 500 M
BYETTA BYETTA SUBCUTANEOUS PEN INJECTOR 10 MCG/DOSE(250 MCG/MI.) 2.4 ML	4	PA; QL (7.2 per 84 days)	glyburide micronized or tablet glyburide oral

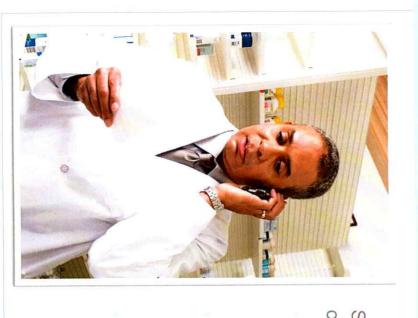
irements ts	Drug Name	Drug	Requirements /Limits
days)	GLUMETZA ORAL TABLET_ER GAST_RETENTION 24 HR 500 MG	4	QL (360 per 90 days)
L (7.2 days)	glyburide micronized oral tablet	2	
	glyburide oral tablet	2	

Drug Tier: 1-Preferred Generic 2-Generic 3-Preferred Brand 4-NonPreferred Drug 5-Specialty Drugs

Requirements/Limits: B/D - Prior Authorization, Part D vs. Part B only EX - Excluded Drug LA - Limited Availability NEDS - Non-extended Day Supply PA - Prior Authorization QL - Quantity Limit ST - Step Therapy

Brand-name drugs are CAPITALIZED. Generic drugs are lower-case italics.

## Utilization management



Some covered drugs have additional requirements or limits on coverage, including:

**Prior authorization:** We complete a safety and effectiveness review for drugs with a PA requirement before coverage is approved.

**Step therapy:** We require you to first try one drug to treat your medical condition before we'll cover another drug for that condition.

Quantity limits: Only a certain number of doses per prescription or time period may be allowed. Your provider must submit a request for an approval for a higher amount.

# Avoiding pharmacy disruptions



changes and transition prescription fill to help ensure that you're not without your prescriptions We'll do everything possible to minimize disruptions to your prescription drug coverage. We have processes for drug list exceptions, drug list

### **Drug list exceptions**

brand name. Drugs not on the drug list that are approved by a drug list exception aren't eligible for tiering exceptions When an exception is approved for a drug not on the drug list, you'll pay a Tier 4 (nonpreferred drug) copayment, whether the drug is generic or

### Tiering exceptions

an exception You or your provider can ask us to make an exception in the tier for the drug so that you pay less for it. Customer Service can help you request

#### Drug list changes

We contact members affected by a drug list change by mail.

### Transition prescription fill

or are subject to clinical prior authorization, step therapy or drug list quantity limits up to a 31-day supply During the first 108 days of your plan, you're eligible for a temporary transition fill of Part D-covered medications that aren't on our drug list

You'll receive a refill of your medication and you and your provider will be notified to contact us to determine future medication needs

will require a prior authorization before you can get the drugs Note: Certain drugs, such as those that may be paid for by Part B or used to treat certain conditions, aren't eligible for a temporary supply and

# Medicare Part B vs. Part D medications



## In general, the Part B medical benefit covers:

- such as albuterol through a nebulizer or insulin through an infusion pump Drugs requiring durable medical equipment for administration,
- Immunosuppressive drugs for a Medicare- covered transplant
- Certain oral cancer treatment drugs
- Certain oral drugs for nausea
- Certain vaccines (see list)
- Drugs for kidney failure
- Drugs administered in the provider's office

### Medical benefit (Part B) vaccines

Pneumonia

Influenza, or flu

Hepatitis B (high or Intermediate risk only)\*

COVID-19

### Pharmacy benefit (Part D) vaccines

Shingles

Tetanus

Tetanus/Diphtheria/Pertussis (Tdap)

Meningitis

Hepatitis A

Human papillomavirus (Gardasil)

Tuberculosis (BCG)

For other vaccines check your drug list for coverage.

<sup>\*</sup>The Hep B Part B vaccine benefit is for members at high or intermediate risk of contracting hepatitis B and requires coverage determination The Hep A Part D vaccine benefit is for low-risk members, most commonly as a travel vaccine.]

# Notice of Late Enrollment Penalty

A late enrollment penalty is added to your prescription drug plan if you:

- Didn't enroll in Part D when first eligible
- Had a break in coverage of 63 days or greater
- Enrolled in a prescription drug plan that didn't meet Medicare minimum standards for Part D benefits
- The late enrollment penalty is determined by CMS.
- You may receive letters asking to confirm if a penalty is valid; **please respond to the letters**.
- If a penalty is valid, the amount is passed to your group, which will determine if your retiree contribution is increased.



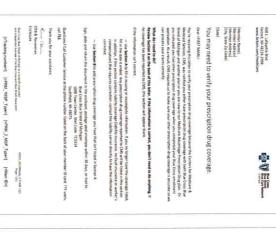
## Coordination of Benefits letter

prescription drug claims are processed accurately. When we receive information that you may have other prescription drug coverage, we'll take action to assure your

- To confirm any other prescription drug coverage, you may receive a Coordination of Benefits letter within 10 days after your complete enrollment.
- Please review the coverage information in the letter.
- If coverage information is missing, incomplete or has terminated, please **update the form and mail it** back to the listed address.
- If the information is correct, you don't need to reply.

If other prescription drug carrier information isn't listed on the back of the letter and our Medicare Advantage plan is your sole coverage, you don't need to reply.

Please call Customer Service at the phone number included in the letter if you have additional questions.



INDEN	Signature	Rx BIN or Rx group number Rx PCN number	Policy or contract number:	Insurance company	For each type of insurance checked in Section B, please provide the following tree an additional sheet it occassary). You'll find this information on your prescription drug card:	Date of such accordant	I involved in pulse provide provide resemble com	Type or your spoint passes in an active employee with enumeror coverage.  Type or your spoint passes on an active employer.  Type of though the employer?   The set than 20 125-99	☐ Employer coverage	eg. sig and fall)		Use Only contant?	Group #: Policy h	Access and a second a second and a second and a second and a second and a second an		Andernal Use Only owners	Actions	Effective date	deternal the Only contents	Policy # Group #: Policy holder name	Addess	Insurer name: Effective date:	SECTION At Please make any corrections to the information listed below. If you no longer have the coverage listed, please fill in the dote your coverage ended (shown as "term date").		Plan ID: Accrete date Effective date:
Page 2 of 2	Date		Effective date	Phone	ollowing (use an a hug card:			age. Now many people are 98 100 or more		C INCOME OF THE	our Blue Circus plan		10000	8	Tormore		PON	Term date:			POK	Term care	'term date').	-0	

# Blue Cross Health & Well-Being

## SilverSneakers®

### Fitness program benefits:

- Membership in a network with thousands of health clubs and exercise locations across the U.S.
- Exercise at your own pace with people in your age group
- Online support to help you lose weight, reduce stress
- Online classes, walking and home fitness programs

## SilverSneakers® Tuition Rewards

SilverSneakers® members can earn college tuition discounts for loved ones simply by exercising



#### Visit:

- SilverSneakers.com\*
  for participating fitness locations
- SilverSneakers.tuitionrewards.com\* to learn about Tuition Rewards

Or call:
1-888-423-4632
Monday through Friday
8 a.m. to 8 p.m. Eastern time
TTY users, call 711

The SilverSneakers shoe logotype is a registered trademark of Tivity Health, Inc. © 2023 Tivity Health, Inc. All rights reserved. Tivity Health is an independent company that provides services to Blue Cross Blue Shield of Michigan Medicare Plus Blue Group PPO members.

\*Blue Cross Blue Shield of Michigan doesn't own or control this website

### Blue365®

nationwide discounts Medicare Plus Blue PPO, you automatically have access to healthy and happy, every day of the year. As a member of Blue365 offers exclusive health and wellness deals, keeping you

Visit: www.blue365deals.com







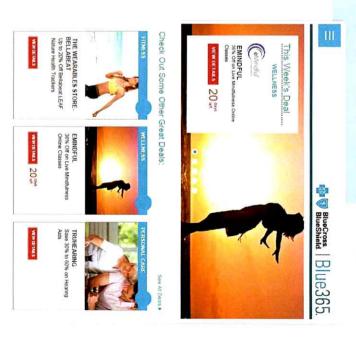










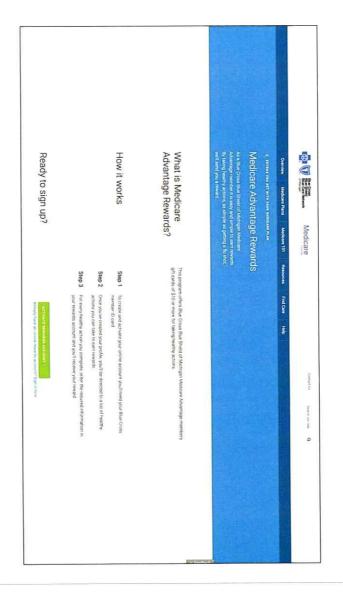


with Medicare or any other applicable federal health care program. Neither Blue Cross Blue Shield of Michigan, Blue Care Network nor the Blue Cross and Blue Shield Association recommends, endorses, warrants or guarantees any specific vendor or item vendors, which are different from items that are covered under health care plan policies with Blue Cross Blue Shield of Michigan or Blue Care Network, its contracts independent, locally operated Blue Cross and Blue Shield plans. Blue365 offers access to savings on items that members may purchase directly from independent The Blue 365 program is brought to you by the Blue Cross and Blue Shield Association. The Blue Cross and Blue Shield Association is an association of

## Medicare Advantage Rewards

You work hard to stay on top of your health and wellness. Earn rewards for your annual wellness visit and other healthy activities through Medicare Advantage Rewards.

We'll send you notifications early next year on rewards opportunities for 2024 and how you can take advantage of them.



## Blue Cross Coordinated Care



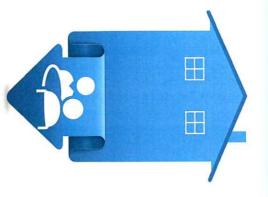
be set up to improve your health and well-being reach out if you are identified for the Blue Cross Coordinated Care program; a custom care program will Nurse-led care teams are the backbone for care in our integrated care program. A registered nurse will

Registered nurses work directly with you to coordinate the best care to meet your specific needs

### Care teams include:

- Medical directors to collaborate with providers and provide medical expertise
- Pharmacists to educate and advise you about the right medications
- Dietitians to provide targeted nutritional education and coaching
- Social workers to address nonmedical health factors and locate community resources
- Behavioral health specialists to help with stress, depression, anxiety and other issues

# Additional well-being programs



- Advance Care Planning
- Caregiver Support
- Collaborative Care
- Palliative Care



- Meals Delivery
- Non-emergency Medical Transportation
- Virtual Care
- Remote Monitoring



- Diabetes Management
- Supervised Exercise Therapy
- Tobacco Cessation Coaching powered by WebMD®

# Call the Blue Cross engagement center for access to these programs

Our knowledgeable specialists are here to answer your questions about any of the programs or services offered through Blue Cross Health & Well-Being.

#### We can help:

- Coordinate program referrals
- Connect you with a nurse care manager

### **Engagement Center**

Monday through Friday 8 a.m. to 4:30 p.m. Eastern time

### 1-800-775-BLUE (2583)

All calls are toll-free and strictly confidential



## Customer Service

## Customer Service can help

Confirm out-of-pocket costs

Answer personal account questions

Order a new Blue Cross ID card

1-866-684-8216 Oct. 1 through March 31

Seven days a week 8 a.m. to 9 p.m. Eastern time

April 1 through Sept. 30
Monday through Friday
8:30 a.m. to 5 p.m. Eastern time
TTY users, call 711

Locate a provider
Assist with benefit questions
Discuss claims



## How do I enroll?



process If you would like to enroll into the BCBSM MAPD PPO plan, you will have to go through an enrollment

- Online at www.bcbsmgroupmedicareplan.com
- Telephonically by calling 1-800-284-6994 (TTY:711)

9R

enclosed envelope - If you received a paper application in the mail, you will need to complete this form and return it in the

If you have any questions, please contact TMR & Associates at (313)963-1135

Or Visit: www.tmrandassoc.com/wayne-county-retirees/

## **Enrollment Tips**

- You can only be enrolled in ONE Medicare Advantage plan or PDP plan at a
- If you choose to enroll in the BCBSM MAPD PPO plan, any other Medicare Advantage coverage that you have will be canceled
- please check with the Employer Group before you enroll in the BCBSM If you are enrolled in another Retiree Group Medicare Advantage plan, MAPD PPO plan
- paying that premium you want to make sure you cancel the Medicare Supplement plan and stop If you elect this plan and you currently have a Medicare Supplement plan,



- You will receive a bill directly from BCBSM
- at 1-866-684-8216 to set-up automatic, recurring payment Once your first bill is paid, you may contact the Customer Service department Once you receive your first bill, you must pay it directly to BCBSM

## Thank you for coming.

### Our commitment to you:

We work for you.

and use your plan. Blue Cross provides the right access and We strive to be clear and simple so we can help you understand you to Smarter, Better Healthcare. improved care for you and your loved ones, proactively guiding





## Questions? We're here to help